**Pantry Items (Not in Box):**

Olive Oil

Hot Sauce

Red Wine Vinegar

Balsamic Vinegar

Salt/Pepper

Garlic Powder

**Meat:**

2 lbs ground beef

1 package chicken tenders

2 chicken breasts

**Produce**

1 carrot

1 celery stalk

1 red pepper

2 sweet potatoes

3 tomatoes

1 avacado

1 head romaine lettuce

5 cloves garlic

1 lb green beans

2 onions

1 TBS ginger

1 scallion

1 Broccoli Head

2 Peaches

6 Plums

1 Cantaloupe

**Spices:**

1 TBS Homemade Steak Seasoning

1 TBS Cilantro

2 tsp Cinnamon

**Dairy:**

1 Block Cheddar Cheese

½ stick of butter

8 oz Mozzarella

¼ cup parmesan

**Condiments:**

½ cups = 1 Tbs. Honey

3 TBS Mayo

**EXTRAS:**

1 15 oz can of tomato sauce

2 TBS tomato paste

1 jar salsa

1 jar basil pesto sauce

1 ½ tsp liquid aminos

1 TBS sesame oil

1 can artichokes

½ cup bread crumbs

1 TBS Taco Seasoning

**Bakery:**

Whole Wheat Pizza Dough

6 Whole Wheat Buns

8 Whole Wheat Flour Tortillas